**Microsoft Office Online**

The links below will help you to find where things have shifted from the 2003 version of the programme to the 2007 version:

For excel

[http://office.microsoft.com/assistance/asstvid.aspx?assetid=XT101493291033&vwidth=1044&vheight=788&type=flash&CTT=11&Origin=HA101491511033](http://office.microsoft.com/assistance/asstvid.aspx?assetid=XT101493291033&vwidth=1044&vheight=788&type=flash&CTT=11&Origin=HA101491511033%20)

For word

[http://office.microsoft.com/assistance/asstvid.aspx?assetid=XT100766331033&vwidth=1044&vheight=788&type=flash&CTT=11&Origin=HA100744321033](http://office.microsoft.com/assistance/asstvid.aspx?assetid=XT100766331033&vwidth=1044&vheight=788&type=flash&CTT=11&Origin=HA100744321033%20)

On this site, you can find some demos and explanations.

<http://office.microsoft.com/en-us/help/FX100485361033.aspx>

Cheers Bruce.